

GL - Glaucoma

GL-AP ANATOMY AND PHYSIOLOGY

OUTCOME: The patient/family will understand anatomy and physiology as it relates to glaucoma.

STANDARDS:

1. Explain the normal anatomy and physiology of the eye as it relates to glaucoma.
2. Discuss the changes to anatomy and physiology as a result of glaucoma.
3. Discuss the impact of these changes on the patient's health or well-being.

GL-DP DISEASE PROCESS

OUTCOME: The patient will understand the complications and progression of glaucoma.

STANDARDS:

1. Explain that glaucoma is characterized by an increase in intraocular pressure.
2. Explain that untreated glaucoma will result in permanent loss of vision due to optic nerve damage.
3. Explain that in early glaucoma there are usually no symptoms.
4. Explain that the acute-angle closure form of glaucoma may occur at any age and may include eye pain, light sensitivity, blurred vision, halos, or nausea and vomiting.

GL-FU FOLLOW-UP

OUTCOME: The patient will verbally summarize knowledge of the present glaucoma status and will understand the importance of regular follow-up in the control of glaucoma.

STANDARDS:

1. Discuss that frequent examinations are required to monitor for side effects of treatment or disease progression.
2. Discuss the status of the ocular condition and the potential to maintain, lose, or regain the quality of ocular health and visual capabilities.

GL-L LITERATURE

OUTCOME: The patient/family will receive literature about glaucoma.

STANDARDS:

1. Provide the patient/family with literature on glaucoma.
2. Discuss the content of the literature.

GL-LT LASER THERAPY

OUTCOME: The patient will understand how laser therapy prevents progression of the disease.

STANDARDS:

1. Explain the preparation for the laser procedure.
2. Explain how the laser prevents worsening of the condition.
3. Discuss the common side effects and major complications of the procedure.

GL-M MEDICATIONS

OUTCOME: The patient will understand the importance of treatment and make a plan to fully participate with the treatment regimen.

STANDARDS:

1. Discuss the medication options for glaucoma treatment.
2. Explain that glaucoma may progress slowly and asymptotically and that full participation with treatment will halt progression of disease and preserve vision.
3. Discuss the use, benefits, and common side effects of the patient's prescribed medications.
4. Have the patient demonstrate proper use of eye drops.
5. Assist with development of a plan for full participation as appropriate.

GL-TE TESTS

OUTCOME: The patient/family will understand the test(s) to be performed, the potential risks, the expected benefits, and the risks of non-testing.

STANDARDS:

1. Explain test(s) that have been ordered (explain as appropriate):
 - a. method of testing
 - b. necessity, benefits, and risks of test(s) to be performed
 - c. any potential risk of refusal of recommended test(s)
 - d. any advance preparation and instructions required for the test(s)
 - e. how the results will be used for future medical decision-making

f. how to obtain the results of the test

2. Explain test results:

a. meaning of the test results

b. follow-up tests may be ordered based on the results

c. how results will impact or effect the treatment plan

d. recommendations based on the test results